



In this Edition of the
Winter 2021 Newsletter

President's Message....	Pg. 2
Networking/Social Distancing....	Pg. 3
President Elect's Message.	Pg. 4
Club News ...	Pg. 5
California Raffle Rules..	Pg. 10
Virtual Speakers ...	Pg. 13
Downey Cap Center ...	Pg. 15
Region 1 VP John Blythe.	Pg. 17
Club Elections...	Pg. 18
District Directors	Pg. 21
District Officers ...	Pg. 22



**Exchange Members from California/Nevada gather at the
Region 1 Mid-Winter Conference held via Zoom on February 20, 2021**

Upcoming National Exchange Club Calendar

April 30, 2020	Club Officer Election Report Due
April 2020	National Child Abuse Prevention Mo.
September 8-11	103rd National Convention Memphis, Tennessee

Upcoming District Calendar

March/April	Hold Club Officer Elections
March 2, 2021	Youth of the Year Nominations Due
April 15, 2021	A.C.E. Nominations Due
TBD	Board of Directors Meeting, Via Teleconference, 9 am
Aug 28-29, 2021	District Convention, Irvine or Zoom

The Presidents Monthly Report for the California/Nevada District



Shirley Lashmett

Hello my fellow Exchangites,

Wow, another month gone, soon it will be Easter! Even with the stay-at-home orders and activities being restricted, time is flying by. Exchange has remained busy throughout this lockdown.

We had the annual Mid-Winter Conference on February 20th. Those of you that were unable to attend missed some really great speakers on some timely topics.

Ongoing, the last Wednesday of the month, is the “Exchange Club Mixer”. Again, interesting topics presented by various Exchange or Businesspeople. Watch for the invitation on this site for more information. It is via Zoom and is from 4:00 to about 5:30, hosted by Immediate Past President, Johnny Tai.

Don’t forget to start making plans for April National Child Abuse Prevention Month. Prevention Centers can use our support at this time. And be sure you wear Blue on Monday. “Blue Monday” promotes Child Abuse awareness.

The District and National Conventions have both been pushed out with the hope that many will attend in person. The District Convention will be in Irvine on August 28th and 29th. The National Convention in Memphis, Tennessee, will be held September 8th through 11th. With this Newsletter I am officially announcing that I plan to run for Region 1 Vice President at the National Convention. I look forward to the support of each of you.

March 9th is “National Get Over It” day. I found the following great advice:

Always remember to forget
the things that made you sad.
But never forget to remember
the things that made you glad.

Always remember to forget
the friends that proved untrue.
But never forget to remember
those that have stuck by you.

Always remember to forget
the troubles that passed away.
But never forget to remember
the blessings that come each day.



We all have blessings each day if we just take the time to look for them.

I'll See ya' on the Road! Shirley Lashmett, District President 2020-2021

Networking in 2020/21 While Social Distancing

We launched the California/Nevada District Exchange Mixers this past year, it has been successful in attracting different people each month and introducing them to Exchange. We are now looking to boost our participation at our Mixers. We plan to add activities intending to create interest, including leading edge topics which educate and benefit our communities.

This hour-long Zoom Forum would possibly show informative video clips, open opportunities to discuss, as well as bring in speakers, all under the banner of 'Protecting Yourself' during this calendar year.

Here are some of the possible 'Protecting Yourself' Monthly Topics in no particular order:

1. 'The Great Hack' (Netflix) documentary discussion
2. 'The Social Dilemma' (Netflix) documentary discussion
3. 'The Game Changers' (Netflix) documentary discussion
4. Pandemic Protection - Vaccine, Hospital overload, trucks, morgue overflow, waiver of cremation limits, etc.
5. Banker and Realtor - Financial Scams Popular These Days
6. Doctor or Medical Office Administrative - Misdiagnosis...when to seek a second opinion. Signs of concern. Protect your wallet with money-saving alternatives (e.g., Radio Frequency versus plastic surgeon).
7. Estate Planning Attorney and Fiduciary - Protect against taxes, unexpected costs being ill-prepared, etc.
8. CPA and Financial Advisor - Protect Assets for life from taxes, excessive costs, inflation, ex-spouse, family members, etc.
9. Consumer Protection - BAR (auto repair), Bar Association (Attorneys), in lieu of complaining at a bar, take action.
10. Home Computer - Protect against viruses et al
11. Holiday Depression - mental health, increasing good habits and reducing bad ones.



In generating more involvement with our Membership base, we would also like to add a 10-minute feature where one of our members would tour us to a collection, he or she owns whether it be Packard cars, collectibles for a favorite team, figurines, dishware, garden, etc. It allows us to learn more about our fellow Exchange Club members, deepen our relationships, and increase participation. Please let me know if you would like to help me with coordination,

as I can use all the help I can get.

With my 'Arnold Palmer' drink, Cheers to you and your family for a happy 2021 and hope to see you at our Mixer-themed events!

Johnny Tai, Past District President

Climb Every Mountain

Dave Black, District President-Elect

Mountaineers understand that getting to a mountain is often as difficult as climbing the mountain itself. The journey before climbing may be long and arduous, but it is part of the challenge of the adventure. Then often, just when our goal comes into view, there is a deep valley to cross before we even begin our climb.

2020 was a tough year for all of us. Many suffered personally with ill health and financial stress. Our communities suffered failed businesses, overwhelmed healthcare systems, and many of us lost dear family members and friends among the thousands who perished.

The good news is that it appears the worst is behind us now and soon we will be climbing again. True, our world will look a little different then, but we also have learned many lessons along the way to make our future better.

Let us look at last year as that long arduous approach trip to the mountain before us. Soon we will begin climbing out of this valley and heading up the slopes of the mountain of success before us. Our next mountain to climb is *membership*, and it is not a small one, either.



I ask each of you personally to reach out to a friend, a business associate, a former member, and yes, a complete stranger. We love Exchange; just take 1 minute and tell someone why. Then invite them to a meeting - in person if possible, or virtually.

If you saw the “Sound of Music”, you’ll remember the Mother Abbess’s advice to Maria; “*Climb every mountain, search high and low, follow every byway, every path you know.*”

*Climb every mountain, Ford every stream, follow every rainbow,
'Till you find your dream”.*

Covid-19 is not Stopping Clubs from taking care of the community!

#ExchangeStrong



Pacific Coast Exchange Club Members Buzz Chambers, Gary Rives, and Spencer Tepper, make their monthly delivery of veggies and essentials to the Exchange Club Family Support Center.
[#ExchangeStrong](#)



Exchange Club of Bakersfield Hosts the Kern Search for Talent



Press Release



FOR IMMEDIATE RELEASE:
February 18, 2021

Contact:
Elaine Warner, Economic Development Project
Manager
elaine.warner@culvercity.org
(310) 253-5777

The City of Culver City and Culver City Exchange Club Bring Valentines Gifts to Over 600 Seniors

The City of Culver City and the Exchange Club of Culver City recently joined together to distribute more than 600 Valentine's Day plants to residents in assisted living and skilled nursing facilities throughout the community. The City's Economic Recovery Task Force's Non-Profit Working Group worked with the Exchange Club to develop the program concept to connect to individuals who are the most isolated during the pandemic. With a generous donation of time and materials by the Exchange Club, the City's Fire Department and Community Risk Reduction team safely delivered more than 600 cactus plants last Friday.

The groups selected the resilient plants to symbolize both hope and growth and serve as a tangible reminder that better days are ahead--especially now as vaccine distribution gains momentum. The Exchange Club of Culver City also coordinated with the Culver City Girl Scouts to ensure that each plant was accompanied with a colorful Valentine!

"I'm proud to acknowledge the work of our City staff, the Girl Scouts, and our Exchange Club who are continually dedicated to bring support and happiness to our senior community. This Valentine's Day was a wonderful example of a variety of caring people coming together to bring a smile to so many faces," said Culver City Mayor Alex Fisch.

Jeff Cooper, the President of the Exchange Club of Culver City stated: "Our club jumped on this idea after hearing that so many in skilled, assisted and senior care facilities were shut off from their family and friends due to COVID-19. Together,

with the City's support and the Girl Scouts' hard work, the three groups worked collaboratively to enrich the lives of many in Culver City that needed that little something to brighten their days."

About the Exchange Club of Culver City

The Exchange Club of Culver City is a community service organization that is made up of members who reside, own businesses, or work in Culver City and the surrounding area. In addition to past City sponsored annual events such as the Culver City Car Show, Tribute to Heroes Veterans Day Flag event and the July 4th Fireworks, the organization also provides funding for community-based organizations such as the Culver-Palms YMCA, Culver City Little League, Culver City High School Athletics and after school programs, the Sandy Segal Youth Health Center, the Culver City Senior Center, and others.

For more information about the [City's COVID-19 Economic Recovery Task Force is available online](#) or email Economic Development Project Manager Elaine Warner at elaine.warner@culvercity.org or call (310) 253-5777.

About Culver City

[Culver City](#) is a five-square-mile, urban community of 39,000 residents surrounded mostly by the City of Los Angeles but also shares a border with unincorporated areas of Los Angeles County. It is centrally located on the Westside near Santa Monica, Beverly Hills, and Los Angeles International Airport. Culver City is particularly known for its well-run public school system, "small town" charm, growing high-tech and creative economies, and a dynamic downtown that is regionally known as a destination for restaurants, live theater, and art galleries.



#



Not even a Pandemic can stop Santa!

Tustin Exchange Club ensuring the children have joy this year.



Tustin Exchange Club helps fill the pantry for the homeless center.

Members of the South Orange County Exchange Club – not only work hard together they hike together.





Exchange Club of San Clemente

[COA Community Outreach Alliance](#)
[July 22, 2020](#)

@coa_clubbin fishing was "on the hook" today!!! 🎣 Over 30 fish caught in less than 3 hours with a total of 8 different species landed. The ocean was calm and ready to give up her bounty, but all fish caught were safely released. 🌊 Today we had our biggest group ever in attendance with well over 15 kids and some accompanying parents to help and watch. Needless to say, this group kept our fishing mentor @chadschiel busy and left him exhausted like a flounder after the three-hour event. 🐟 Our next event is 8/15 from 9-noon. Catch fish... not COVID. 😄

[Exchange Club of San Clemente](#) in 2019



Exchange Club of San Jose Archives Now Part of History

San Jose Library and Research Center

San Jose Exchange is honored to accept an invitation to contribute its records to San Jose's long history and community life. History San José preserves and enriches the cultural heritage of San Jose and the Santa Clara Valley through research, collections, partnerships, educational programs, and events. History San Jose is a non-profit organization under contract with the City of San Jose to manage its historic collection of personal papers, government and organizational records, maps, ephemera, architectural records, reports, photographs, and audiovisual material dating from the 1780s to the present. Materials are donated by individuals/organizations, collected by staff, or transferred from municipal departments for long-term storage.

San Jose's collection of 14 scrap books recording its various projects date back to our charter in 1949. Photos, telegrams, letters, news clippings illustrate what San Jose's communal life was like during the last half of the 20th century.



Register your Raffles with the State of California

In California, charities and certain other private nonprofit organizations may conduct raffles to raise funds for beneficial or charitable purposes in the state. This exception to the general constitutional prohibition against lotteries requires that at least 90 percent of the gross receipts from these raffles go directly to beneficial or charitable purposes in California. Penal Code section 320.5 governs which organizations qualify and how the raffles must be conducted. The [Bureau of Gambling Control](#) regulates the 50/50 [Major League Sports Raffle Program](#) established by Penal Code 320.6.

Unless specifically exempted, a nonprofit organization must register with the Attorney General's Registry of Charitable Trusts before the raffle and must also file an aggregate financial disclosure report for all raffles held during the reporting year. Registration and reporting forms are available below.

An organization may register for raffles at any time during the calendar year. The registration period during which organizations may conduct raffles is September 1 through August 31. An organization must file the raffle registration form at least 60 days before the scheduled date of the raffle in order to give Registry staff sufficient time to process the form. Registration via [Form CT-NRP-1](#) must be filed and a confirmation letter from the Registry of Charitable Trusts must be received before conducting any raffle activities, including selling raffle tickets. If you wish to conduct the drawing after September 1 of any year, but you wish to sell tickets prior to September 1 of that year, you must register for both years. The Registry does not confirm receipt of raffle registration forms. An organization that wants confirmation that the Registry has received a form must submit the form to the Registry by requesting "certified receipt," a service available at the U.S. Post Office.



Regardless of the number of raffles held during the registration period, the nonprofit organization must file a single, aggregate report for all raffles held by filing [Form CT-NRP-2](#).

For more information visit <https://oag.ca.gov/charities/raffles>

FAQ's

What is a Raffle? A raffle is a type of lottery in which prizes are awarded to people who pay for a chance to win. Each person enters the game of chance by submitting a detachable coupon or stub from the paper ticket purchased. A raffle must be conducted under the supervision of a natural person age 18 or older. At least 90 percent of the gross receipts from raffle ticket sales must be used by the eligible tax-exempt organization to benefit or support beneficial or charitable purposes in California.

Awarding raffle prizes by use of a gaming machine, apparatus, or device such as a slot machine is prohibited. Operating or conducting a raffle via the Internet is also prohibited. However, the organization conducting the raffle may advertise the raffle on the Internet. See Penal Code section 320.5 and [Laws and Regulations](#).

Do we need to register if we call our raffle an “opportunity Drawing”?

If participants are required to purchase a ticket in order to have a chance to win a prize, the drawing is subject to the provisions of Penal Code section 320.5 and related regulations.

Penal Code section 320.5, subdivision (m) states that a raffle is exempt from registration with the Attorney General's Office if **all** of the following are true:

- a. It involves a general and indiscriminate distribution of the tickets;
- b. The tickets are offered on the same terms and conditions as the tickets for which a donation is given; and
- c. The scheme does not require any of the participants to pay for a chance to win.

Do we need to register a silent auction? – No

What is the 90/10 Rule, Does it apply to 50/50 raffles?

Penal Code section 320.5, subdivision (b)(4)(A) states that 90 percent of the gross receipts generated by the sale of raffle tickets for any given draw are to be used by the eligible organization for charitable purposes. For example: An organization raised \$100 in ticket sales. It would be required to spend \$90 of that amount to further its charitable purposes, and only \$10 could be used to help pay for expenses or operating costs associated with conducting the raffle.

The organization is not precluded from using funds from sources other than the sale of raffle tickets to pay for the administration or other costs of conducting the raffle. However, the organization must exercise due care in using other funds. The misuse of restricted assets or the use of unrestricted assets which results in losses to the corporation may subject the board of directors to personal liability for breach of fiduciary duty.

50/50 raffles are those in which the prize winner receives 50 percent of ticket-sale revenue and the other 50 percent of the revenue is retained by the organization conducting the raffle. **50/50 raffles are illegal** unless the organization qualifies under Penal Code section 320.6. Penal Code 320.6 established the 50/50 Major League Sports Raffle Program which is regulated by the Bureau of Gambling Control, not the Registry of Charitable Trusts. Most charities are still required to comply with the 90/10 rule.

Can we sell tickets online (internet website, Facebook, etc.) – NO!

Virtual Meeting Speakers

Looking for some diversity in your guest speakers, National has some amazing folks who would love to share. Also, Former Past District President Johnny Tai has tons of leads on speakers contact him at johnny.tai@alumni.usc.edu.

Peter Folch: Pete was a speaker for Exchange's 102nd/ Virtual National Convention and 100th National Convention in Reno, NV. He is an inspirational keynote speaker and accomplished trainer dedicated to teaching and motivating people, and teams, to achieve peak performance and significance in their lives. Pete has a passion to help people discover renewed energy and re-discover their true potential ... and ultimately finish strong in the 'race of life'.

Debbi McCreary: Debbi is President and Founder of Summit Optimization Group (OG), LLC, a woman-owned, business process improvement company, premised in Lean Six Sigma. Debbi is available to speak with Exchange Clubs about process improvements within organizations.

Nancy Panko: Nancy is a retired pediatric nurse and a twenty-time contributor to *Chicken Soup for the Soul*, *Guidepost* and *Woman's World* magazines. Based on actual events, Nancy Panko's award-winning novel, *Guiding Missal*, is narrated by a small Catholic prayer book carried in the pockets of three generations of servicemen, beginning in 1942 during WWII and ending in 1993 with the Battle of Mogadishu during Blackhawk Down. It is a tale of faith, family, patriotism, and miracles. Nancy is currently working on her second novel, *Sheltering Angels*, a novel depicting life with a child who can see and talk to her guardian angel.

Jim Plousis: Jim is a member of the Exchange Club of Ocean City, NJ, who recently published *Jersey Lawman*, a memoir of his 40 years in law enforcement officer as a local police officer, county sheriff, U.S. Marshal, and chairman of the New Jersey parole board. All proceeds from his book go to the U.S. Marshals Survivor Fund, which pays for the funerals of deputies killed in the line of duty.

Nancy Wakeley: Nancy is a member of the Exchange Club of Peak City Exchange Club of Apex, NC, and the Exchange Club of Swift Creek Township, NC. She is also Past District President of the North Carolina District Exchange Clubs. Nancy's debut novel, *Heirloom* – a story about finding love, family, and a home after a great loss – was published in July 2020. Nancy is available to speak to clubs about her novel and how she navigated the writing and publishing process, as well as to do a reading from the book. Questions are welcome! Any sales (personally signed copies) resulting from the event will create a donation for the National Exchange Club Foundation.

Judge Michael Warren: From Oakland County, MI, Judge Warren is 'Patriot Week' co-creator. From the Patriot Week website: "Patriot Week renews America's spirit by deepening the appreciation of the First Principles, Founding Fathers and other Patriots, vital documents and speeches, and flags that make America the greatest nation in world history. Many of our current holidays have become overly commercialized or have lost their deeper meaning. We need to invigorate our appreciation and understanding of America's spirit."

Detective Rich Wistocki (Ret.): Child crime expert Detective Richard Wistocki has dedicated his career to helping children by tirelessly pursuing, apprehending, and prosecuting child predators. As an active cybercrimes' detective, he educates law enforcement using cutting edge investigative techniques and informs parents and students about responsible digital activity. The National Exchange Club and Exchange Clubs throughout the country have developed a trusted relationship with Detective Wistocki to help educate and protect children in communities across the United States.

National Headquarters Staff

- **Tracey Edwards, CEO:** Tracey oversees National Headquarters staff in providing professional and technical assistance to the organization's members in developing specific and comprehensive plans for increasing members, establishing new clubs, and enhancing the national image of Exchange.
- **Louise Kachmarik, Director of Membership Development:** Louise is responsible for planning and executing integrated strategies to grow membership and enhance the membership experience, assisting in the development and delivery of leadership training, and resourcing quality online Marketplace items.
- **Max Lambdin, Donor Relations:** Max's vast knowledge of nonprofit donor relations has helped shape forward-thinking methods of communications and planning for The National Exchange Club.
- **Kristie Lindau, Director of Communications:** Kristie is responsible for managing and directing the organization's internal and external communications, ensuring proper branding and organizational imagery, and creating communication strategies.
- **Genevieve Stults, Director of Prevention of Child Abuse Services:** Genevieve manages Exchange's annual public awareness campaign in April, provides guidance for public messaging and collateral materials, and coordinates with nationwide Exchange Club Centers for the Prevention of Child Abuse to uphold and deploy the Exchange Parent Aide model in communities.

Exchange Club Representative

- **Kathy Mize:** Kathy is Exchange's 100th National President. As Exchange's second "legacy" National President, her two-year term began in July 2020. She is a member of the Northeast Exchange Club of St. Petersburg, FL, and the Harbor Exchange Club of North Pinellas, FL. In 2009, Kathy had the opportunity to help establish Ready for Life, Inc., which serves young adults who are preparing to "age out" of the foster care system.

To request any of the speakers to an upcoming Exchange Club meeting, please email admin@NationalExchangeClub.org.

HAPPENINGS AT YOUR CAP CENTER

EXCHANGE CLUB FAMILY SUPPORT CENTER UPDATE

Happy Spring fellow Exchange Club members!! After almost a year of dreadful times, that have changed many aspects of our lives forever, it feels like there is finally HOPE in the air! And fingers crossed those words were not spoken too soon.

Our District's Exchange Club Family Support Center continues to do well, providing services to families, despite the many ongoing challenges of the pandemic. Our home-based Parent Aide Program referrals have ticked up a bit and our various parenting class curriculums are all in full swing, with services still being conducted via Zoom. The biggest advantage to using Zoom, especially with our parenting classes, is that we have been able to provide services to parents that may not have been able to physically get to the Center. We have had class participants from Orange, San Diego, Kern and San Bernardino Counties!! This is a true silver lining!!!

The Exchange Club Center continues to be so blessed with amazing donors!! The holiday season for the Center's client families was a happy one for sure! Despite being on a smaller scale and looking a bit different, we were able to adopt eighteen of our neediest client families to receive gifts for their celebrations. Thanks to the Exchange Clubs of **Long Beach, Downey, South Orange County, Pacific Coast** and **Newport Harbor** for their participation in our annual Adopt-A-Family Program!! Additionally, just before Christmas the Center received a large food and cleaning supply donation from **Westlake Produce**, a local distribution company; our Center families continue to receive support from a MONTHLY food donation from **Pacific Coast Exchange Club** with the **fresh produce** being the biggest treat; our annual **Giving Tuesday** fundraising campaign was a great success raising \$1,890.00 in less than 24 hours!!(and which client families helped us promote); as part of their **MLK, Jr Community Service Project** the staff of a local surgery center donated baskets filled with a variety of personal hygiene, toiletry and household cleaning products and in February we received an unexpected, extremely generous \$12,000 donation from the **Optimist Club of Downey**.



April 1, 2021 marks Exchange Club Family Support Center's 30th Anniversary! Sadly, we will not be able to have an in-person celebration as we were able to do for our 25th. With fundraising "a bit" challenging we will be recognizing our anniversary and Child Abuse Prevention Month with our **Pinwheels for Prevention Raffle**. There will be a prize winner named each day from April 1st through April 30th which includes three cash prizes. We are hoping for a good response with ticket sales and hope each and every one of you will help us in those efforts! Detailed information will be emailed soon, **PLEASE PASS ON THE INFO!!!**

Wow, thirty years!! Where did the time go?? Little did I know, starting a Center from scratch on day one, that such a huge part of my life would be invested in this organization. Through it all, the incredible highs and a few lows, the investment has more than paid off. The support and reputation we have in the community, with residents and collaborative partners is something to be proud of. But it is the support and friendships within the network of Exchange Clubs that has helped sustain our Center more than anything. My wish on this day is for **all of you, my fellow Exchangites**, to celebrate our accomplishments right along with us, for they are your accomplishments as well!! Cheers to many more years to come! All my best.....
Georganne



REGION 1 VICE PRESIDENT'S MESSAGE



John Blythe, Region 1 Vice President

National Exchange Club Board of Directors

Hello Exchange Club Members,

What a year this has been for everyone! I hope you all are staying safe from the covid-19 global pandemic and as you often heard all year, we are all in this together! Exchange is certainly a way to make sure we are all in this together, because as a National service organization, we are the great unifiers in helping our communities get through these tough times. I know it has been problematic for clubs to meet in person, so I encourage the clubs to continue to take advantage of the new technology to meet virtually either via Zoom or another platform and continue to help your communities thrive through this pandemic. It is unfortunate that since this pandemic has started, we have had more child abuse cases being reported and services to help our homeless veterans affected. So, therefore it is so important for Exchange to continue to be involved wherever possible!

A few National updates: The National Convention has been pushed back to

September 8-11 and will still be held in Memphis, Tennessee at the Peabody Hotel. The reason National moved the dates is to hopefully allow more time for people to get vaccinated, allow districts some additional time to adapt to the social changes and perhaps by that point the state restrictions will start being lifted. Obviously, the health, safety and well-being of our Exchange family is first and foremost important. Another important update is now clubs can charter with only 15 new members as opposed to the 20. We are encouraging building new clubs virtually or even as a hybrid as shutdowns and restrictions are eventually eased. In fact, there have been several clubs built via Zoom since the pandemic hit!

This is also my last year serving as your National Representative as a Regional Vice President. It has been an honor and a privilege to serve the clubs in the California/Nevada District and the Sierra Pacific District and hopefully I have done all I can to act in the best interest of Exchange on the National level. If a fellow member would like to consider running for the National board, please go the National Exchange Club website and download the National candidacy form and email it over to National Headquarters in Toledo, Ohio by mid-March!

Please continue to stay Exchange Strong!
See you in Memphis!

As always, I am always available if you or your clubs need assistance! Do not hesitate to call, text, or email me! 760.223.6045 or john@frientertainment.com

Yours in Exchange, John

*Applications now being
accepted for:*

Region 1 Vice President

Deadline is March 10, 2021

https://docs.google.com/forms/d/e/1FAIpQLSfcOvtZvm3f_GO74d113V6YCPLYqQQq1P1ZljYla-KgD5-2DQ/formResponse

Are you interested in wanting to serve a higher office? Regional Vice Presidents, establish policy and guidelines, engage with other clubs across the national as a leader.

This form must be completed and received at National Headquarters by March 10, 2021- please see link.

Suggested Candidate must be endorsed by their Exchange Club and by their District Board of Directors.

It is necessary that a photograph (head and shoulders) of the Suggested Candidate be sent to National Headquarters upon completion of this form: commun@nationalexchangeclub.org. The photo will be included in the Suggested Candidate book displayed in the registration area of the convention hotel, and other publications as deemed necessary. Any member of an Exchange Club may submit the name of a Suggested Candidate for the office of National President-Elect, for the office of National Treasurer, as a Regional Vice-President, or

NECF Trustee. The name of the Suggested Candidate, and supporting information, must be received in writing at National Headquarters not less than 120 days before the date designated for the annual convention of The National Exchange Club.

Club Elections Due April 2021

Conducting a Virtual Election.

The National Board of Directors has allowed the use of electronic elections for 2020, related to COVID-19 precautions.

Conducting a virtual election (may be used by districts and clubs)

Refer to Standard District or Club Bylaws
Conducting a virtual election of officers and directors will follow the procedure as set forth in Article X (Nomination of Officers and Directors), of the Standard District Bylaws, with slight modifications to accommodate electronic media and online meetings. It is recommended that the proceedings be recorded; various teleconferencing and videoconferencing services often provide this option. It is also important to review Article IX (Conventions), to be familiar with various requirements regarding delegates and having a quorum present (not less than 33% of chartered clubs in the district present).

Multiple Candidates for One Office

If your club has multiple candidates for one or more offices and decides to conduct the elections electronically, you may wish to use an app for voting.

Several easy-to-use apps are available, such as Survey Monkey, Election Buddy, Election Runner, and Simply Voting. Most apps do charge a small fee.

Live Voting

If your district or club is using Zoom or another online application to meet right now, you may also want to take the votes live during a convention or meeting. If this is what your district or club normally does, this is fine. But if you normally use secret ballots for elections, an online voting application such as those recommended above may be a better option.

These steps should be followed:

1. Prior to the actual convention (or electronic election, in this case), Section 2 of Article X, requires the District President-Elect to appoint a District Committee on Nominations at least 45 days prior to the annual convention. The committee shall include a representative from each division in the district, and the Immediate Past District President shall serve as Chair. It is the Nomination Committee's responsibility to present at least one candidate, who must be registered and in attendance at the (in this case, virtual) convention as a delegate. (The 45-day requirement may be waived this year, based on COVID-19 precautions)

All nominees must be forwarded to the District Secretary or the Immediate Past District President not less than 30 days

prior to the date of the convention. Nominations from the floor (the virtual meeting) are permitted; note that this will slow the process.

2. To conduct any business including the election, it is required that the District Secretary call the roll of members present and determine that there is a quorum. Voting on all matters shall be by voice roll call, with the secretary to announce the results. In order to streamline this process, attendees should register in advance. Secretary will list each club and its delegates. Secretary shall keep the tally (who voted and how they voted) for one year (until next convention).
3. During the meeting, the names of those individuals nominated shall be read to attendees. At that time, additional individuals in attendance and registered may be nominated (from the "floor"). All individuals must be aware of the responsibilities of the office to which they are being nominated. Announce when nominations are closed.
4. If a candidate is unopposed for any office, that candidate may be elected by a roll call vote prior to voting for contested offices.
5. Proceed with a roll call vote for each contested office. A majority of all votes shall be necessary for elections to any office. Announce the result of each vote.

6. Any other business matters shall be conducted in the same manner, using a roll call vote.

Five steps for Video Calls



Click on picture to be taken to Youtube to see video or copy the link into your browser.

<https://www.youtube.com/embed/dN2Ce0yMxQc?feature=oembed>

Covenant of Service

- Accepting the divine privilege of single and collective responsibility as life's noblest gift, I covenant with my fellow Exchangites;
- To consecrate my best energies to the uplifting of Social, Religious, Political, and Business ideals;
- To discharge the debt, I owe to those of high and low estate who have served and sacrificed that the heritage of American citizenship might be mine;
- To honor and respect law, to serve my fellowmen, and to uphold the ideals and institutions of my Country;
- To implant the life-giving, society-building spirit of Service and comradeship in my social and business relationships;
- To serve in Unity with those seeking better conditions, better understandings, and greater opportunities for all.



Contact your District Director for Assistance....

DISTRICT DIRECTORS

- **Division One - JANELL DARBY**
Cell-619-301-8518,
e-mail - darbygo@gmail.com
Corona Del Mar, Laguna Beach, San Clemente, San Diego, South Orange County
- **Division Two - BRUCE WOODS**
Cell-562-405-1765,
e-mail - baw1003@verizon.net
Downey, Internet, Long Beach, Pacific Coast
- **Division Three - CATHY RODRIGUEZ**
B-949-400-0667,
e-mail - cathyforhomes@gmail.com
Crossroads Orange County; Irvine, Newport Harbor, Tustin
- **Division Four - LESLIE DELLARO**
R-951-485-2979, Cell-951-858-1845,
e-mail - lesleedell@yahoo.com
Fontana, Hemet-San Jacinto Valley, Magnolia Riverside, Raincross Riverside
- **Division Five - DR. JAY SHERY**
R-310-821-3864, B-310-841-5000,
e-mail - ifxubak@aol.com
Culver City
- **Division Six - EMILY MYHRE**
Cell-805-235-1838,
e-mail - LilGator9@aol.com
Central Coast, Cuyama Valley, San Luis Obispo, North San Luis Obispo
- **Division Seven - JOHN BLYTHE**

R-760-379-2719, Cell-760-223-6045,
e-mail - filmregionsintl@gmail.com
Arvin, Bakersfield, Kern Valley, Excel Club of Kern Valley High School, Porterville, Excel Club of Granite Hills High School (Porterville), Ridgecrest

- **Division Eight – Vacant**
Clovis, Fresno, North Fresno, Turlock

Division Nine - Vacant (No clubs in this division at this time)

- **Division Ten - ROGER BRANDON**
R-408-448-0244, B-408-995-3216,
Cell-408-334-8243,
e-mail - rbrandonlaw@hotmail.com
Gilroy, Hollister, San Jose, San Ramon Valley, Scotts Valley

National Headquarters Provides Resources for Free

- Brochures to supplement marketing, growth, and project efforts;
- Sample press releases and PSAs (public service announcements);
- Billboard and other promotional artwork;
- Recruitment videos;
- Exchange Today, a quarterly magazine;
- Social media and website assistance;
- Programs of Service and fundraising project guides;
- Leadership training and support;
- And, so much more!
- Clubs in the News

Newsletter Editor: Kay Kearney

Co-Editors: Linda Owens & Shirley Lashmett

Send me your newsletters so we can include your news in future editions @
newsletter@CalNevexchange.org (note the new email)

Links to Web Sites:

- **National Exchange Club:**

<https://www.nationalexchangeclub.org>

- **California/Nevada Exchange District Club:**

<http://calnevexchange.org>

- **Downey Exchange Clubs Child Abuse Prevention Center:**

- <http://www.downeyfamilysupport.com>

California/Nevada District Officers 2020-2021

President: Shirley Lashmett, slashmett@cox.net

President Elect: Dave Black, Daveblack1@cox.net

Secretary: Lyn Lamison, lsthorsingaround@aol.com

Treasurer: Ken Owens, kaowens2@verizon.net

Immediate President: Johnny Tai, Johnny.tai@alumni.usc.edu

District Directors

Div. 1 Janell Darby

Div. 2 Bruce Woods

Div. 3 Cathy Rodriguez

Div. 4 Leslie Dellaro

Div. 5 Dr. Jay Shery

Div. 6 Emily Myhre

Div. 7 John Blythe

Div. 8 Vacant

Div. 9 No Clubs in Division

Div. 10 Roger Brandon