

# 2019

CALIFORNIA / NEVADA

DISTRICT EXCHANGE CLUBS

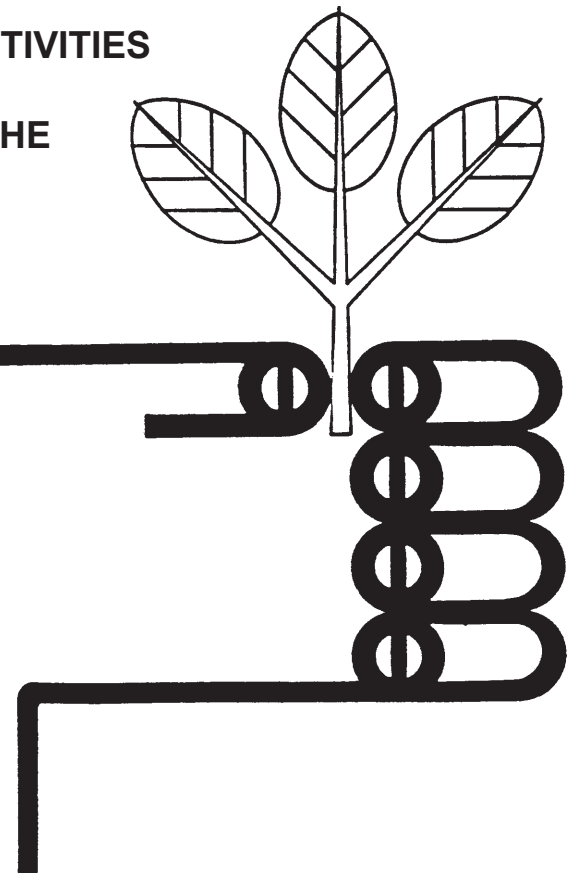
THE DISTRICT and  
NATIONAL YOUTH  
OF THE YEAR AWARD



# OFFICIAL ENTRY FORM

PLEASE INCLUDE ALL GRADES AND ACTIVITIES  
FROM THE 10TH GRADE THROUGH AND  
INCLUDING THE FIRST SEMESTER OF THE  
STUDENT'S SENIOR YEAR.

*Exchange, America's Premier  
Service Club, working to make our  
communities better places to live.  
Core values: Family, Community, Country*



*Distributed on "www.calnevexchange.org" - January 11, 2019*

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## Instructions For Youth of the Year Award

The Exchange Club's Youth of the Year program is a Local, District and National Competition. Students who win at the Local Club level go on to compete at the District Level (award \$2,500) and possibly at the National level (award \$10,000).

This prestigious youth award is not only a scholastic award. The Youth of the Year winner is proven to be a most well-rounded individual who is not only a good student, but an involved student. Aside from points earned for **non-weighted GPA**, points are also scored for participation in school and community organizations.

The winning District Youths of the Year will receive the Youth of the Year Award and a \$2,500 cash scholarship at the Annual Convention of the California/Nevada District Exchange Clubs, in Irvine, **June 21-23, 2019**, at the Hilton Garden Inn Hotel, 2381 Morse Ave, Irvine, CA 92614. The District will present their awards Sunday morning, June 23, 2019, at the Youth of the Year Breakfast starting at 8:30 AM. **The winning District Youths of the Year must be able to attend the Sunday breakfast.**

Below is an outline to navigate through the application process. To all involved, we wish you the best!

Essay Topic For 2019:

**“HOW I AM A CATALYST  
IN MY COMMUNITY”**

**BEFORE YOU GO ANY FURTHER,  
CALENDAR YOUR DEADLINES NOW!  
THESE DATES WILL NOT BE EXTENDED.**

- **Deadline for submission of Part 1: March 4, 2019.**  
Part 1 includes: Section 1a, 1b, 2, and 5 of the application provided. Be sure to include your academic **TRANSCRIPT** along with Section 2. An uncertified copy of the transcript is acceptable.
- **Deadline for submission of Part 2: April 15, 2019.**  
Part 2 includes: Sections 3 and 4 of the application provided.
- **NOTE:** The application form refers to a June 1 deadline. ***THAT IS NOT FOR YOU.*** That is the deadline for DISTRICT to submit the District winners to the National Competition.

## **Express Route**

A sponsoring club may choose to submit the entire application (Parts 1 and 2) on the first deadline date (**March 4, 2019**). This is a good suggestion, but not a requirement.

### **FOR CLUB PRESIDENT**

Appoint a “Youth of the Year” Chairperson. Familiarize yourself with the Youth of the Year application process to help your chair achieve our Exchange goals.

### **FOR CLUB SECRETARY**

Review the Youth of the Year application process so that you can assist the club Youth of the Year Chair with the project.

### **FOR YOUTH OF THE YEAR CLUB CHAIRPERSON**

Please thoroughly understand these rules so that your club’s entrants are not eliminated from competition because of an oversight. If you have any question concerning these rules and regulations do not hesitate to call on one of the District Committee Members, who are:

DISTRICT CO-CHAIRS, PHIL & DIANE GRIEGO

6846 Trinidad Drive

San Jose, CA 95120, (408) 268-3246

e-mail: [digriego@yahoo.com](mailto:digriego@yahoo.com)

## NOW GO TO WORK!

1. Club Chairperson contacts the Senior Counselor or Scholarship Chairperson at the High School(s) you have chosen. Provide the counselor with a copy of these instructions. Provide deadlines and stress placing the responsibility of completing the program on the student. Provide extra copies for the students and their parents as needed so they understand their respective responsibilities.
2. Have the counselor give the entry form to the students they believe to be well qualified. **Only 1 male and 1 female may be submitted from each High School.** Give a deadline AHEAD of the District deadline and your phone number and e-mail where they can contact you if they need any clarification.
3. Before submitting applications to the District Chair, be sure CERTIFICATION & INFORMATION SECTION 5, and the **Youth of the Year Club Chairperson Contact Information** are completed by student, parents, counselor or High School official, and Club President.
4. PART 2. If we notify you that your candidate is among the top 10 girls or top 10 boys in the District (a finalist), you need to have him/her complete and submit on or before the due date noted above (**April 15, 2019**). PART 2 consists of Section 3 (**NO MORE THAN 10** of their TOP ACHIEVEMENTS, your applicant's paragraph describing their most outstanding achievement and why) & Section 4, an essay on the topic: **"How I am a Catalyst in my Community"**.
5. ATTACH THESE ITEMS TO THE IDENTIFICATION SHEET AND MAIL TO DISTRICT CHAIRS BY THE DEADLINE SPECIFIED FOR PART 2 (**April 15, 2019**).
6. District will notify you around the middle of May if your candidate is chosen as the CAL/NEV District Male/Female Youth of the Year. You must, within 3 days, mail to the District Chairperson two black and white 5x7 inch photos of the candidate. These will be used for publicity at District and National Convention. Photos will not be returned.
7. **YOUR WINNER MUST ATTEND THE DISTRICT CONVENTION!**

If your candidate cannot attend the Convention, the first runner-up will become the winner. So, make sure your nominee is able to attend the Convention when you submit their application.

This year's District Convention is in Irvine, **June 21-23, 2019**, at the **Hilton Garden Inn Hotel, 2381 Morse Ave, Irvine, CA 92614**. We will present the awards Sunday morning, June 23, 2019, at the Youth of the Year Breakfast starting at 8:30 AM.

All Convention arrangements for the youths and their chaperones will be the responsibility of the District Youth of the Year Committee, and the Convention Coordinator, Ken Owens, District Treasurer, e-mail kaowens2@verizon.net. Please submit all questions to them. **Do not contact the Convention Coordinator unless your candidate is selected as a winner and you have communicated with the Committee members first.**

The District, not their sponsoring club, will reimburse the recipients for the following:

- ground transportation expense only to and from the Convention at \$.20 per mile (round-trip).
- one room hotel accommodations with two queen beds for one night (room & tax cost only)
- 3 tickets for the Saturday evening's District Installation Dinner, and 3 tickets for the Youth of the Year presentations Sunday morning.

THESE FINANCIAL CONSIDERATIONS MUST BE EXPLAINED CLEARLY BY THE CLUB CHAIRPERSON AND PARTICIPANTS MUST AGREE TO ABIDE BY THESE TERMS AND CONDITIONS.

**It is your responsibility as your Club's Youth of the Year Chair to (1) have your winner's mileage voucher ready to present to Ken Owens, the District Treasurer when you arrive; (2) have all pertinent information about when the recipient and their chaperones will arrive, their names and relationship to the recipient, and whether they will attend the District Installation Dinner Saturday Night.**

8. The Youths of the Year will each be entered, automatically, in the National Exchange Club's Youth of the Year Contest by the District Chairperson. The other 18 contestants asked to write the essay will receive a \$25 check from the District. Their names and club sponsors will be listed in the District Convention Program for recognition.
9. Winners of the National Youth of the Year Contest receive their award at the **101<sup>st</sup> National Exchange Club Convention at the Norfolk Sheraton Waterside, Norfolk, VA (July 17-20, 2019)**. The winners must be able to attend the National Convention. National will make all travel arrangements.

## **FOR HIGH SCHOOL COUNSELOR**

1. Familiarize yourself with the Youth of the Year Program.
2. Select students to apply keeping in mind that this is not a “scholastics only award.” The award is given to reward well-rounded students who are involved in activities such as student government, publications, music, debate, stage productions, athletics, clubs, and community organizations.
3. Get applications and deadlines delivered to students.
4. Sign off on school activities and **NON-WEIGHTED GPA** in Section 5 of the application.

**PROCURE A COPY OF EACH APPLICANT’S NON-WEIGHTED TRANSCRIPT. THIS TRANSCRIPT IS A PART OF THE APPLICATION AND MUST BE SUBMITTED! TRANSCRIPT MAY BE A NON-CERTIFIED COPY.**

5. Serve as liaison to the local Exchange Club Chair of the Youth of the Year Program.

## **FOR PARENTS**

1. Familiarize yourself with Youth of the Year application and process.
2. Sign certification (Section 5) which gives witness to your son/daughter’s activities and awards.

## **FOR STUDENT APPLICANT**

1. Familiarize yourself with Youth of the Year application and process. Note deadlines for Part 1 (**March 4, 2019**) and Part 2 (**April 15, 2019**). You may choose to submit both parts 1 and 2 by **March 4, 2019**, but it is not required.
2. Use black ink or black printer cartridge only. Be sure your application is neat, clear and dark as several copies are made from your original.
3. **DO NOT ATTACH ADDITIONAL INFORMATION THAT HAS NOT BEEN REQUESTED SUCH AS RESUMES, LETTERS OF COMMENDATION, OR WORK EXPERIENCE.**

4. Read and follow instructions on cover of application YOUTH OF THE YEAR ENTRY FORM-THE DISTRICT AND NATIONAL YOUTH OF THE YEAR AWARD OFFICIAL ENTRY FORM included in this package. These instructions are to assist you in completing Part 1 (Sections 1a, 1b, 2, and 5.) Part 1 must be delivered on or before **March 4, 2019**.
5. If you are selected as a finalist, you must complete Part 2 which includes Section 3 (Personal Achievements & Awards, including your paragraph describing your most outstanding achievement and why) and Section 4 (Essay) and submit them no later than **April 15, 2019**. **YOU MAY, BUT ARE NOT REQUIRED TO, SUBMIT BOTH PARTS 1 AND 2, INCLUDING PHOTOGRAPHS, BY MARCH 4, 2019.**
6. Please note that points in sections 1a and 1b are given only for the highest level of achievement per semester. For example, the Captain or Co-Captain of an athletic team receives 2 points per semester. You do NOT receive an additional point for being a team member.
7. Your name is to appear ONLY on the Certification & Information Section 5 or on the identification sheet to be attached to the essay in Section 4.  
No indication of school name or student locality is to be used in your list of awards or your essay. For example, if receiving an award from Long Beach City, indicate it only as “City” or if from Wilson High School, use “School” or Orange County, use “County.” There should be little information gleaned from the activities list or from the essay as to your identity or location.
8. Should you be chosen as a finalist and asked to write an essay and list your top 10 achievements/awards along with a paragraph describing your most outstanding achievement, please keep the following in mind: Although grammatical correctness and proper use of accepted rules of composition will be considered, points will be awarded primarily on the basis of the overall impact of the essay on the judges. Therefore, logical and clear development as well as the persuasiveness of the argument presented, are most important. The purpose of the essay is to provide the judges with a deeper insight into the character and beliefs of the finalist as well as the finalist’s ability to clearly communicate with the reader.



## **FOR DISTRICT CHAIR**

1. The District Chairperson, upon receipt of all entries, will verify scores for the ten highest scoring male and ten highest scoring female candidates and name each as a “Finalist.”
2. The District Chairperson will notify all sponsoring Exchange Clubs of the names of the twenty finalists and request the Club Chairperson to again make a personal contact with the high school officials and final candidates regarding participation in Part 2 of this Program and the requirement that they attend the District Convention. Each Club Chairperson will notify the remaining Part 1 students they did not make the top ten and thank them for their efforts. If they have not already done so in Part 1 the ten male and ten female finalists must submit an essay on the topic chosen by National and a paragraph on their outstanding awards/achievements by the due date for Part 2.
3. The District Chairperson will select a panel of at least three prominent and qualified business or professional persons to serve as judges of the essay competition and list of special achievements/awards. Judges will receive all essays and list of special achievements/awards in such a manner that the identity of the contestant, the participating high school, or the sponsoring club is not revealed until the judging has been completed.
4. FINAL SCORING: Total points for the essay and the special achievements/awards will be added to the total scholastic and school/community activity points scored in Part 1 of the program. The highest combined total number of points determines the final selection of the two YOUTHS OF THE YEAR.
5. The District Chair will notify sponsoring Exchange Clubs and through those clubs, all Part 2 participating high schools and contestants (winners and non-winners) of the judges’ final selection through the Club Chairpersons. All convention arrangements for the youths and their chaperones will be the responsibility of the Club chair, the District Youth of the Year Chairperson and the District Convention Coordinator, Ken Owens, Treasurer, California-Nevada District Exchange Club, e-mail - kaowens2@verizon.net.
6. The Youths of the Year will each be entered, automatically, in the National Exchange Club’s Youth of the Year Contest by the District Chairperson. Winners of the National Youth of the Year Contest must be able to accept the award at the 101<sup>st</sup> National Exchange Club Convention at the Norfolk Sheraton Waterside, Norfolk, Virginia, July 17-20, 2019.

**GOOD LUCK!**

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IDENTIFICATION SHEET TO ATTACH TO  
ESSAY IN SECOND-PHASE

STUDENT'S NAME: \_\_\_\_\_

SPONSORING CLUB: \_\_\_\_\_

**VERY IMPORTANT for Youth of the Year Club Chairperson!**  
**Failure to fill out this form could disqualify your candidate(s)!**

**Youth of the Year Club Chairperson Contact Information**

**To: Youth of the Year Club Chairperson**

**From: District Youth of the Year Co-Chairs, Phil & Diane Griego**

Please fill out your contact information below so that we may reach you for any questions.

Name of Youth of the Year Chairperson \_\_\_\_\_

Sponsoring Club Name \_\_\_\_\_

Telephone Number(s) cell and landline \_\_\_\_\_

Mailing Address \_\_\_\_\_

E-mail Address \_\_\_\_\_

Name of Applicant<sup>1</sup>

Name of High School

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<sup>1</sup> If you need more space submit a separate page along with this form.

# Youth of the Year Entry Form



**EXCHANGE**  
THE NATIONAL EXCHANGE CLUB

## THE DISTRICT AND NATIONAL YOUTH OF THE YEAR AWARD OFFICIAL ENTRY FORM

### INSTRUCTIONS

The entry form is divided into five parts: Sections 1 and 2 address the candidate's achievements during five of his/her final six semesters in high school (this information is normally obtained from school records); Sections 3 and 4 are to be prepared by the candidate; and, Section 5 must be filled out in its entirety.

All grading should be based on a five semester period beginning with the sophomore (10<sup>th</sup> grade) year and ending with the close of the first semester of the senior (12<sup>th</sup> grade) year. Be sure to enter a score for each semester in each appropriate activity column, as well as a total.

### Section 1a — Activities

*Student Government/Class Government* - Report on highest office held per group each semester.

*Newspaper/Annual School Publication* - Report on highest position held per publication each semester.

*Musical Organization* - "Band" denotes any musical group which is school-sponsored. "Choir" denotes any vocal group which is school-sponsored. "Orchestra" denotes a formal, symphonic musical organization which is school-sponsored, but not included in band activities. "Drum Major/Majorette" must be part of school-sponsored activity.

*Debate Activities* - "Winner" denotes any recognized award achieved as an individual, or as a member of a team, in either an inter- or intra-school competition. However, only one such victory may be counted per semester. "Team" denotes any group representing either a high school class or the high school as a whole. If the candidate receives a score as a winner and is part of a team, he/she should also receive credit for team membership.

*Stage Production* - "Performer" denotes active participation on stage as a member of a theatrical or similar school-sponsored production. "Production Crew" denotes participation in an activity necessary to support a school performance (i.e. stage hand, projectionist, makeup, etc.). Only one performance may be counted per semester.

*Athletic Teams, Club Membership* - See explanation on entry form.

### Section 1b — Community Service Activities

*Community Organization  
Membership and Volunteer*

*Service Hours* - See explanation on entry form.

### Section 2 — Grades

Grade point average is for semester period beginning with the sophomore (10<sup>th</sup> grade) year and ending with the close of the first semester of the senior (12<sup>th</sup> grade) year. Multiply the student's G.P.A. (using the 4.0 system) by 50 to get the score for Section 2. G.P.A. may not exceed 4.0.

### Section 3 — Special Achievements/Awards

List 10 special achievements and awards, specifying if local, state, or national. Attach a typewritten paragraph describing most outstanding achievement. This section, which can be awarded up to a maximum of 160 points, will be scored by the national judges.

### Section 4 — Essay

Follow instructions as indicated on form. The subject of the essay will be announced by a letter from The National Exchange Club. The essay will be scored by the team of national judges, which can award the essay as many as 300 points. The essay should be attached to this form as indicated.

### Section 5 — Certification/Information Form

Fill out as indicated. Advise candidate that he/she may be contacted by a representative of The National Exchange Club to obtain additional information for publicity purposes.

**PLEASE NOTE:**

**INCOMPLETE  
SUBMISSIONS WILL  
NOT BE CONSIDERED.**

District Youth of the Year Candidate  
 Submitted by the Exchange Club of \_\_\_\_\_ Club # \_\_\_\_\_

National Youth of the Year Candidate  
 Submitted by the \_\_\_\_\_ District

**Section 1a — Activities**

*Student Government/Class Government*

- President (4 points)
- Other Officer (3 points)
- Representative (2 points)
- Committee Member (1 point)

**POINTS EARNED**

**Semesters**

10	10	11	11	12	

**20 points max.**

*Newspaper/Annual School Publication*

- Editor (4 points)
- Manager (3 points)
- Staff (2 points)

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**20 points max.**

*Musical Organization*

- Band (2 points)
- Choir (2 points)
- Orchestra (2 points)
- Drum Major/Majorette (2 points)
- Receiving Individual Music Instruction (2 points)

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**30 points max.**

*Debate Activities*

- Winner (2 points)
- Team Member (1 point)

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**15 points max.**

*Stage Production*

- Performer (2 points)
- Production Crew (1 point)

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**15 points max.**

*Athletic Teams*

Captain or Co-Captain (2 points), Team Member (1 point). List no more than two (2) per semester, with points earned for each. Do not include intramural sports.


**20 points max.**

*Club Membership*

(Clubs authorized and sponsored by the high school.) Officer (2 points), Member (1 point). List no more than two (2) per semester, with points earned for each.


**20 points max.**

**Section 1a Total** \_\_\_\_\_  
**140 points max.**

## Section 1b — Community Service Activities

### Community Organization Membership

(Including youth groups, religious, and service organizations which meet at least once a month.) President (3 points), Officer (2 points), Member (1 point). List no more than two (2) per semester and no more than 20 hours per semester.

**INCLUDE LIST OF ACTIVITIES PERFORMED ON A SEPARATE SHEET!**


**20 points max.**

### Volunteer Service Hours

(Such as hospital or nursing home service, Salvation Army bell-ringing, etc.) 1 point for every five (5) hours. List no more than two (2) activities per semester and no more than 20 hours per semester.


**20 points max.**

**Section 1b Total** \_\_\_\_\_

40 points max.

## Section 2 — Grades

Grade Point Average (on a 4.0 scale) \_\_\_\_\_ x 50 = \_\_\_\_\_

**Section 2 Total** \_\_\_\_\_

200 points max.

## Section 3 — Personal Achievements/Awards

Each nominee should list his/her 10 most outstanding achievements and awards, including those for athletics, scouting, talent, etc. The nominee should select the achievement he/she considers to be the most outstanding and describe why in a typewritten paragraph (*maximum 200 words*). Attach paragraph to this form.

<i>Date</i>	<i>Description</i>	<i>Local</i>	<i>State</i>	<i>National</i>

**Section 3 Total** \_\_\_\_\_

160 points max.

**(Please attach additional sheets if necessary.)**

## Section 4 — Essay

Each nominee will be responsible for preparing an essay on a subject selected by The National Exchange Club. The essay must be 800–1,200 words. Although grammatical correctness and proper use of accepted rules of composition will be considered, points will be awarded primarily on the basis of the overall impact of the essay. Therefore, logical and clear development, as well as the persuasiveness, are most important. The purpose of the essay is to provide the judges with deeper insight into the character and beliefs of the nominee, and the nominee's ability to clearly communicate with the reader. Based on these impressions, judges may award the essay up to 300 points. Please attach the typewritten essay to this form.

Section 4 Total \_\_\_\_\_

*300 points max.*

TOTAL \_\_\_\_\_

*840 points max.*

## Section 5 — Certification and Information Form

Candidate's name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Phone \_\_\_\_\_ Date of birth \_\_\_\_\_

High school \_\_\_\_\_

Contact person \_\_\_\_\_ Phone \_\_\_\_\_

Parents'/Guardians' names \_\_\_\_\_

We certify that the above-named student has participated in Section 1 activities, achieved Section 2 grades, and earned Section 3 awards and achievements.

\_\_\_\_\_  
Signature of high school official

\_\_\_\_\_  
Signature of parent/guardian

I certify that this candidate was selected as the Youth of the Year from among at least three (3) Youth of the Month winners selected by my club during the administrative year beginning \_\_\_\_\_, and is in strict keeping with the rules and regulations of the Youth of the Month program as provided by The National Exchange Club.

\_\_\_\_\_  
Signature of club president

\_\_\_\_\_  
Exchange Club of \_\_\_\_\_

(TO BE COMPLETED FOR NATIONAL NOMINEES ONLY)

Submitted by \_\_\_\_\_

Name of sponsoring district \_\_\_\_\_

Name of district president \_\_\_\_\_

Name of sponsoring Exchange Club \_\_\_\_\_

### Coordinating Responsibility

To win, the candidate must be able to accept the award in person, at the scheduled event, at Exchange's National Convention. Call National Headquarters for current year's date/time at 419.535.3232, and verify with candidate *before submitting the entry form to National Headquarters.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Phone \_\_\_\_\_

*Any additional communication regarding this application will be directed to the Exchange Club member named above, unless The National Exchange Club is otherwise instructed.*

In accordance with the program requirements, I confirm that all information contained herein is accurate and conforms to the rules and regulations as established by The National Exchange Club.

\_\_\_\_\_  
Signature of district president

**\*Along with the entry form, a photo (head & shoulders) of the nominee is required. If a digital photo is submitted, please ensure it is high resolution (150 dpi or higher). Photos submitted to The National Exchange Club will not be returned.**



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